

## Christian Spirituality and the Visual Arts Resources

### In Print:

**Life after Art: what you forgot about life and faith since you left the art room.** Matt Appling. Moody, 2013.

**Awaken Your Senses: exercises for exploring the wonder of God.** J. Brent Bill & Beth A. Booram. IVP, 2012.

**Drawn in: a creative process for artists, activists, and Jesus followers.** Troy Bronsink. Paraclete Press, 2012. Connect the creative life and the life of faith through design thinking and creative processes.

**The Artist's Way: a spiritual path to higher creativity.** Julia Cameron. Tarcher Penguin, 2002. A guidebook for adults to use in discovering and recovering your creative self.

**Zenspirations: letters and patterning.** Joanna Fink. Design Originals, 2011. Excellent source of learning doodling and creative lettering techniques.

**Contemplative by Design: creating quiet spaces for retreats, workshops, churches and personal settings.** Gerrie L. Grimsley and Jane J. Young. Upper Room, 2008. Features 15 examples of how to create a special quiet space for a retreat, church, hospital, nursing home or personal setting.

**Proclamation by Design: the visual arts in worship.** Leslie James and Carmen Krahn. Faith and Life Resources, 2007. Helps worship planners and artists imagine new ways of encountering God as we gather, Ideas include skill-building, developing a visual arts closet, lots of photos and a wonderful reference list.

**Gently Awakened: the influence of faith on your artistic journey.** Sara Joseph. Deep River Books, 2013.

**Praying in Color: drawing a new path to God.** Sybil Macbeth. Paraclete Press, 2013. There are all kinds of companion materials to this book: dvd, with children, etc. An invitation to pray for yourself or others through coloring and doodling.

**Giant Table-top Coloring Sheets** by Trudy McKinnell. This Salem, OR artist creates giant table top coloring sheets and gives part of the profit to Mennonite Women USA! **Order here:** <http://www.mckinnelldesign.com/>

**The Artisan Soul: crafting your life into a work of art.** Erwin Raphael McManus. HarperOne, 2014. We all carry within us the essence of an artist.

**Awakening the Creative Spirit: bringing the arts to Spiritual Direction.** Christine Valters Paintner and Betsy Beckham. Morehouse, 2010.

**The Artists Rule: nurturing your creative soul with monastic wisdom.** Christine Valters Paintner, spiritual director and artist. Sorin, 2011. (Wisdom Cards p. 32)

**Making Crosses: a creative connection to God.** Ellen Prewitt. Paraclete, 2009

**In the Sanctuary of Women: a companion for reflection and prayer.** Jan Richardson. Upper Room, 2010. (Inner landscape collage p. 248)

**Crafting Calm: projects and practices for creativity and contemplation.** Maggie Oman Shannon. Viva, 2014.

**A Bead and a Prayer: a beginner's guide to Protestant prayer beads.** Kristen Vincent. Upper Room, 2013.

**Saying Yes: accepting God's amazing invitation to artists and the church.** Cindy West. David C. Cook. 2008.

**Bead One, Pray Two: a guide to making and using prayer beads.** Kimberly Winston. Morehouse, 2008.

**Spark: igniting your God-given creativity.** April Yamasaki. MennoMedia, 2015. This is our much acclaimed Mennonite Women sponsored Bible Study from 2015. Perfect for individual reading, reflection and creating or in a group. **Purchase for only \$5 at [mwusa.org](http://mwusa.org)**

#### **On the Web:**

[www.prayingincolor.com](http://www.prayingincolor.com)

[www.janrichardson.com](http://www.janrichardson.com) and [www.paintedprayerbook.com](http://www.paintedprayerbook.com)

<http://worship-artist.com/downloads> -- free scripture doodle page weekly

#### **Google or Pinterest search any of these:**

Praying in Color // Coloring Mandalas // Coloring Books for Adults // Scripture Journaling // Art Journaling // Doodling // Zentangles // Collage // Prayer Beads

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